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Policy Information

Last Revised Date:

May, 2014

Policy Number:

UHAP 10.06

Responsible Unit:

Division of Human Resources

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Policy

The University provides a variety of health promotion, employee assistance, child care and elder care programs for University employees who are benefits-eligible. These services are provided by trained and certified helping professionals.

Employee Assistance Counseling/Consultation provides free, voluntary and confidential consultation, short-term counseling when appropriate, and referral to community resources.

Elder Care and Life Cycle Resources offers assistance to employees providing care for aging family members or anticipating their own needs as they approach retirement.

Worksite Wellness provides educational presentations on nutrition, fitness, body image, cancer prevention, conducts worksite health screenings and lifestyle consultations, provides referrals to community resources, and offers CPR training.

Child Care and Family Resources provides child care services and information to faculty, staff and students. These programs include resource and referral services, a sick child care program and a financial assistance program for child care expenses.

Additional information is available from UA Life&Work Connections or online as follows:

- UA Life&Work Connections
<http://lifework.arizona.edu/> [2]

Related Information*

Additional information is available from [UA Life & Work Connections](#) [2].

Revision History*

Repealed March 8, 2016

Source URL:

<http://tobaccofree.arizona.edu/employmenthuman-resources/employee-assistanceua-life-work-connections>

Links

[1] <mailto:hradmin@email.arizona.edu>

[2] <http://lifework.arizona.edu/>